

## Upcoming events:

- Leadership Academy Dance Friday March 19th, 6-8:30
- MAP practice test 4th hour March 22nd
- Spirit Day March 25th
- Spring Break March 26th through March 29th

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# Lakeview Lately

Volume 2, Issue 3

March 15, 2010

## Park Hill School District

### Loco for Luau

by Sarah Carney

Do you like to Boogie? I asked Helen Yeater, a 7<sup>th</sup> grader on the Aviators, if she was going to the dance. She excitedly exclaimed, "Yes, they're tons of fun." So you should come to the Lakeview Middle School dance. When is the party? March 19, Friday, at Lakeview in the commons 6 to 8p.m. It will be a blast! If you're an 8<sup>th</sup> grade purple card, then you get to stay until 8:30.

Leadership Academy is doing this so school is just that much more interesting. The music will be blasting, people will be dancing, but if don't like those it is ok. There will be an open gym there, with basketball, Wii, trys, and foosball. Even the teachers enjoy supervising. Ms. Panther said, "Yes, because I get to see students in a different environment," when I asked her if she liked to chaperon and why. When you go make sure to thank Lakeview Leadership Academy because they put this all together. So, come to the luau and Hula!



*Coach Reid and Mrs. Beasley get help on their dance moves from Lakeview students!*



### Killer Whale Strikes Again

by Emilie South

On February 24<sup>th</sup> Dawn Brancheau, the trainer, laid down to communicate with Tilikum, a thirty year old killer whale, who appeared agitated according to awitness. Dawn was down face to face with Tilikum, one flick of the pony tail and the attack began. According to the training monitor, this whale is the biggest in captivity at twenty two feet long and weighing at twelve thousand pounds. Tilikum pulled Dawn in and shook her until she eventually died of drowning and injuries. Once the whale killed Dawn, he didn't want to let her go. The trainers pulled the whale out, but then they had to pry his mouth open. Dawn was pronounced dead at the scene.

Unfortunately Tilikum has been known to kill. He was captured off the coast of Iceland in 1983. Tilikum and two orcas killed a twenty year old woman who fell into the tank at Sea World in British Columbia. They sold this killer whale to Sea World in Orland, Florida in 1999. A homeless man snuck in over night. He was found on Tilikum's back having drowned the night before, and with a bite just below his waist. "That should have been a warning to not continue performances wit that animal. These animals are highly stressed, they're medicated, and they are forced to associate with pool mates that they might not be involved with in the wild. Whales in captivity live about half as long as they do in the wild, and attacks on handlers are not uncommon." This is a statement after the second death that that Courtney Vail said, who is part of the whale and dolphin conservation society.

Dawn was a sixteen year veteran trainer of whales at the Shamu Stadium. She was a forty year old woman with a very loving family. Her family stated, "She loved her job, and she loved her animals." Showing he love to Tilikum, after every show she would pet, communicate, and give him treats.

The big question is: Should Tilikum still participate in the show? Well Jim Atchison says yes. He says "he's a part of our team and he will remain a part of our team." Jim Atchison is the president of Sea World parks and entertainment. February 27<sup>th</sup> the show resumed, but Tilikum wasn't in it, for now at least. None of the trainers are allowed to swim with supposed to swim with whales. Since Tilikum is such a big whale he was mainly used to splash the audience.

### Talent Show Extravaganza by Hope Mayo

The Talent Show is on its way! Starting March 26<sup>th</sup>, you will be able to sign up in the Lakeview commons to participate in the Talent Show. This opportunity to sign up will end on April 2<sup>nd</sup>. The show will consist of thirty acts, so hurry, hurry, hurry! The acts will be approved on April 6<sup>th</sup> to make sure everything is school appropriate. Master of Ceremonies auditions will be on April 7<sup>th</sup>. Master of Ceremonies are the people that introduce each act, like Ryan Seacrest on *American Idol*. The talent show will consist of two practices and an opening act which all contestants must participate in. The actual show will take place at 6:30 April 16<sup>th</sup> at Park Hill South. The rehearsal will be at 5:30 April 15<sup>th</sup> at Park Hill South. Katie Fischer says, "I am so excited to see what great talents my friends have." Some past talents that have been performed are singing, dancing, bands perform, artist show off their work, kids show off their awesome karate skills, and more! Cooper Saunders says, "[The Talent Show] is a great way to display your talents." I can't wait to see some amazing acts!

## Going for Gold

by Rachel Wurtzer

This year, the Winter Olympics took place in Vancouver, Canada. The United States lead with an overall medal count of 37, followed by Germany with 30, and Canada with 26. Although Canada got third in total medals, it managed to get the most golds of any country with 14, while the U.S. only had nine.

One of the most widely known U.S. athletes is skier Lindsey Vonn. Lindsey came out of Vancouver with one gold and one bronze medal. After recently suffering from a shin injury, she took gold in the Women's Downhill on February 17 with a time of one minute and 44 seconds. Afterwards, Lindsey said, "When I'm having a good run, I feel a rush...I love it." Next, Lindsey was rewarded for her Super-G (a super, giant slalom) with a bronze medal on February 20, taking just over one minute and 20 seconds.

Another U.S. athlete, speed skater Apollo Ohno, skated fast enough to win a bronze in the Men's 100m finals on February 20 with a time of one minute 24 seconds. Apollo also took silver in the Men's 1500m finals on February 13<sup>th</sup> with two minutes seventeen seconds and bronze in the Men's 500m relay finals on the 26<sup>th</sup> taking six minutes and forty-four seconds.

Other thriving U.S. athletes include Evan Lysacek who took gold in the Men's Freestyle Skating, and Shawn White who took gold in the Men's Half pipe (in snowboarding). Also, the U.S. Men's hockey team took silver after losing to Canada in overtime.

All athletes from the United States or other countries did extremely well in the 2010 Winter Olympic Games in Vancouver. Hannah Kovar said, "They [The Olympics] when really good." Another student, Sarah Carney, says, "They should take out luge because someone died from it and it's too dangerous."



**High five for all the golds the US came home with!**

## Flash of Change

by Jessica Preston

**"You can say you're a good driver, but you can't speak for the other thousands."**

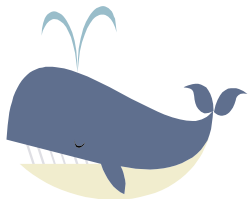
Spinal cord injuries could change your life in a flash! "You don't realize how fast and dramatic it could change your life," commented by Mrs. Burns. It all starts by making a simple decision and it not turning out how you thought it would. Ms. Reynolds always says, "Think before you act" continued by Ms. Bono with, "it's like cause and effect." It could begin with a blow that fractures or dislocates your vertebrae (bones that make up spine) and can paralyzed you any-

where below the injury. Just like Heather who chose to help her friend learn how to drive and then lost control of the car; she ended up paralyzed from her chest down. Continuing with Chad making a negative decision of not wearing his seatbelt and went out driving, thinking he and others would be safe and he's a good driver. Well according to Ms. Heinz, "You can say you're a good driver, but you can't speak for the other thousands." Chad ended up and getting a brain injury and had to be

taught everything all over again. The main thing the speakers wanted us to take away was, "Think before you act," restated by Mr. Packard along with Kayla M. and Jordin W. saying, "they all wanted to go back and change what they did but they can't." In conclusion, when somebody like Sara Parolin, Haley Hennier, Madi Wellman, or Conner Allison or even your parents says "Wear your SEATBELT!" or "Put on your seatbelt." You should listen and be safe.

## Tragedy at SeaWorld: Another Look

by M. M. Turner



**Killer whales get their name for a reason; read on to find out more about Tikkikium.**

May Dawn Brancheau rest in peace. A horrible tragedy happened at Sea World on February 24, 2010. Dawn was attacked and killed by Tillikium, an orca whale at Sea World. Before the attack, they were playing and practicing tricks. All of the sudden, the whale came up and pulled her in by her pony tail, "...yanking her into the pool for two brief

but shocking episodes in the pool," said an article on time.com. it was an unbelievable accident and was quite gory. Time.com also said, "...her blood spreading through the clear water, in full sight of member of the public who had been watching Tillikium [the whale] with another trainer through a glass underwater window." The

whale now is not dead or set into the wild. Tillikium will be trained by the most senior staff of Sea World. This is a policy. The policy is that the violent animals will be kept in isolation, be trained by the most senior staff, and that they would never put an animal down for something like this. This was a sorrowful event and may all of us remember Dawn.

## 2010 FIFA World Cup

by Derek Braun

Coming this June is the 2010 FIFA (Fédération Internationale de Football Association). Thirty-two nations select their top players to come and compete for the world cup, the ultimate soccer prize. As English Manager Bill Shankly says, "[Soccer] is a matter of life and death, except more important."

Brazilian soccer star Pelé says, "Every kid around the world who plays soccer wants to be Pelé. I have a great responsibility to show them not just how to be a soccer player, but how to be like a man." Pelé was only 17 when he made his World Cup debut Pelé helped make Brazil the most winning team in World Cup history. In the 18 World Cups that we have had, Brazil has won it 5 times.

At this 19<sup>th</sup> World Cup in South Africa every team

is competing for the cup. It starts June 11<sup>th</sup> and ends July 11<sup>th</sup>. According to experts Brazil and Spain are the favorite to win. They will have a rocky road getting their though when they face up against other top teams like: Argentina, Germany, Italy, and The Ivory Coast.

The U.S. National Team is in the tournament too. Led by team captain, Landon Donavon, the U.S. are in Group C and will face off against England, Algeria, and Slovenia. U.S. fans don't get too excited though, experts give the U.S. National team a 50/1 chance of taking home the cup.



Crowds are cheering and ready to root on their favorite teams in the upcoming World Cup.

## Sherron Leads the Way

by CJ Whisnat

As the end of the regular season concludes and tournament play begins, stars lead arise to lead their team to a title. Sherron Collins, a senior point guard for the number one ranked Kansas Jayhawks, is one of them. Sherron had led the top ranked Jayhawks to several wins and comebacks over Colorado, Mizzou, and K-State. Collins started the soon to be rout of K-State on a very emotional Senior Night at Allen Field house. The sharp-shooting guard had 17 points and was six for six from the free throw line. Against Colorado, Collins had 16 points with five assists and three rebounds while forcing the game into overtime. Sherron was on the 2008 national championship team, this year he's looking for his second. That would be the second title in three years for the Jayhawks. Leading the team with 15.3 points per game and a 37% three point shooter, Collins was an automatic first teamer in the Big

XII. As a probable first team All-American, Collins takes the top ranked Jayhawks to Kansas City in hopes of a Big XII tournament championship. Along with that would be a Big XII title and a number one seed in March Madness. Robert Pollan, a Mizzou fan, made the comment, "I do not agree [with Sherron being player of the month], Xavier Henry is definitely the player of the month!" Of course I do not agree with Mr. Pollan. Mckade Hermenson says, "Yes I know Sherron, he's my favorite!!" Well overall, Sherron Collins has been a huge help to the dominant KU Jayhawks team. That is why he deserves the outright player of the month.



## Staying Healthy at Lunch

by E. Comstock

School lunch may seem impossible to eat and stay healthy. With all the unhealthy choices at lunch there are also some healthy choices as well. Instead of having ice cream and a cookie you could have a salad box or some fruit.

When choosing what to eat for lunch, make sure to make a healthy choice. According to kidshealth.org, "eating a variety of healthy foods gives you energy to do stuff ... it also helps you grow the way you should". Experts say, "to think of your school lunch as fuel you put in your tank." If you choose the wrong kind of fuel, you might run out of energy before the day is over." Kidshealth.org states that "the typical school lunch is still higher in fat than it should be according to a recent study."

When choosing what to eat for lunch you should, consider the amount of food, the amount if empty claries and sugar. When choosing your lunch make sure to pick your favorite healthy foods. These healthy choices can help you stay healthy while eating school lunches.

**"Think of your school lunch as fuel you put in your tank. If you choose the wrong fuel, you might run out..."**



**Fill yourself up with the right kinds of food at lunch!**

## Royals' Spring Training Underway

by Isaac Brizendine



*Baseball season is right around the corner, so what are the Royals doing to get ready?*

**"I'm pretty excited, but the teams don't seem to be as strong as they were in previous years."**

After a 65-97 record and tying for last place in the division, the Royals are ready for the 2010 season. They look to rely on new players Chris Getz, Jason Kendall, Scott Podsednik, and Rick Ankiel. Many people believe that in a weak division the Royals have a shot at a winning record for the first time since 2003. Eccentric Royals fan Robert Pollan said, "The royals will be great this year. I think they'll make it to the playoffs." That is a bold statement by a very excited fan.

Although Cy Young Award winner Zack Greinke, veteran Gil Meche, and 2008 all-star Joakim Soria the Royals pitching staff is very weak. The lack good relievers and the bottom part of the starting rotation lacks consistency. There were many players in the free agent market that could've boosted their rotation, but they decided to pass. Hopefully young talents Luke Hochevar and Aaron Crow develop quickly and help the pitching staff.

Defensively last year the Royals stunk. They had errors left and right so they added Rick Ankiel and Chris Getz to solve that. Manager Trey Hillman said this on the addition of Rick Ankiel in centerfield, "Obviously we have a lot of acreage in our ballpark in the outfield, and we need a player who's experienced and has good reads and good routes." Sounds like Hillman is happy with this years defense.

Billy Butler, Rick Ankiel, and Alberto Callaspo will lead the royals offensive attack. The Royals did lose Mark Teahen, and Miguel Olivio who were big bats last year. Another bad thing is that 3<sup>rd</sup> baseman Alex Gordon has broken thumb and might not be ready for opening day. The hitting looks decent this year but I doubt it'll be great.

Led by Zack Greinke and Billy Butler the Royals look to have a good year if they stay healthy and hit well. I predict the Royals will go 83-79 and have a 3<sup>rd</sup> place finish in the AL Central.

## Madness is in the Air

by Dr. Dansby

March is here and with it comes the "big dance." That's right, the Men's NCAA Basketball Tournament has come upon us. Bets and office pools are getting underway. ESPN's Joe Lunardi has Kansas, Duke, Syracuse, and Kentucky taking the four number one seeds. He has local teams K-State as a two seed along with Missouri as a nine seed. This could change due to Mizzou's early exit of the Big 12 Tournament. MU lost to the lowest seeded team (Nebraska) in the tournament.

I spoke with Matt Gilme about his thoughts on the upcoming tournament and he aid, "I'm pretty excited, but the teams don't seem to be as strong as they were in previous years." As there are in every tournament, there are teams on the bubble fighting for their spots in the NCAA Tournament. Two of those teams met up in the Big East Tournament. Notre Dame and Seton Hall faced off on March 10. With the win for Notre Dame, Joe Lunardi had this to say, "Notre Dame, on the other hand, [has] five wins in a row, [and is] still playing. I don't even think a loss to Pitt in the Big East Tournament quarter-finals will keep them out [of the NCAA Tournament] now." Whether your alma-mater is in the "dance" or not, it's a great time to hang out with friends and watch some great basketball. So break out the queso dip because it's March Madness.



*Professional Athlete of the Month: Sidney Crosby!*

## Athlete of the Month

by Josh Hall

Many of you may have heard of 22 year old Sidney Crosby. He scored the game winning goal against the United States in the men's ice hockey gold medal game. Canada was up to an early lead by scoring twice in the first two periods. The U.S. came back scoring a goal early in the 3<sup>rd</sup> period. With about a minute left, the United States pulled their goalie for another attacker on a desperate last chance to tie the game. America

went on the attack unleashing a flurry of shots that were saved by Canadian goalie Robert Luongo. Finally, Zach Parise scored a tying goal with only seconds left. The U.S. dominated overtime getting many shots on goal, but let Sidney Crosby sneak behind the United States defensemen and get on a break-away 7 minutes and 40 seconds into overtime. The all-star scored, putting the United States' dreams of win-

ning a gold medal to sleep. After the game, reporters interviewed Sidney Crosby. He said "Our team worked so unbelievably hard. Today was really tough... But we came back and got it in overtime." The U.S. goalie Ryan Miller was also interviewed. Ryan says "It stings right now." All athletes in the world work extremely hard. Sidney Crosby's success in the Olympics put him at the top of my list.

## Effects of Steroids

Many people see athletes suspended or fined for steroid use. I am here wanting to share some of the effects of steroids and many other things you may not know about them.

First, what are steroids? Anabolic steroids are a group of powerful compounds closely related to the male sex hormone testosterone. Current legitimate medical uses include treatment of certain kinds of amenia. Body builders, long-distance runners, cyclists, and various other athletes that claim steroids

give them a competitive edge and/or improve their physical appearance use these drugs illegally.

Next, what do steroids look like and how are they used? Steroids come in tablet or liquid form. Anabolic steroids are usually injected or taken. Most are taken in cycles of weeks or months.

Next, what are the short term effects? The short term effects are reversible. The major effects of anabolic steroids include liver tumors, jaundice, fluid retention, and high

by Jacob Sneden

blood pressure. Additional side effects include shrinking testicals, reduced sperm count, infertility, baldness, and development of the breasts.

Finally, what are the long term effects? According to Drugfree.org, "long term, high dose effects of steroids is largely unknown." These are many true facts about steroid use. If you are thinking about steroids rethink it, many athletes have ruined their careers and legacies because of steroid use.



*Where do drugs and steroids fit into athletics? No-where.*

## Gold in Vancouver

The American Olympic team dominated in the 2010 Vancouver Olympic Games. Some of the Sports the Americans did well in were snowboarding, skiing, and speed skating. Our top athletes were snowboarder Shaun White, Skier Lindsey Vonn, and short track skater Apollo Ohino.

The United States won first in over all medals with nine gold, 15 silver, and 13 bronze. One of the most important

gold medals was Shaun Whites' men's half pipe. White did so well on his first run that he had already won before he did his last run. After winning the gold medal, according to [tonbcolympics.com](http://tonbcolympics.com), Shaun was interviewed about what he was thinking going into the last run knowing he had already won the competition. White said, "I told myself just don't fall".

Another great medal in this Olympics was a bronze in the

by Dylan Worth

500 meter relay by Apolo Ohino. The reason it was such a big medal was because he then became the Olympic athlete with the most medals in the history of the winter Olympic Games. Before the race Ohino posted a tweet saying, "I will give all my heart, mind, and spirit today." Which he did and he won bronze. After the conclusion of the 2010 Winter Olympic Games in Vancouver you could say America competed to their ability and did great.

**"[Apollo Ohino] then became the Olympic athlete with the most medals in the history of the Olympic Games."**

## Health Nut vs. Coach Potato

What you have every day at lunch? Have you ever thought about the nutrition content? Maybe you should take that into consideration before you eat. On average in each lunch, there are about 316 calories. That is not bad because the average person is supposed to have 2,000 calories a day. But, on top of that, students may also

have a bag or chips and a big cookie which are about 200 calories each. Adding that in, kids are eating about 700 calories for each lunch—and do kids even like them? Hilary Wilsbacher says, "No! Well, only Bosco Breadsticks." Rachel Wurzer and Sarah Carney also said that they only like Bosco Breadsticks and Big Daddy Pizza. That

by Helen Yeater

means most kids don't even like most of the lunches! So then they eat more fatty snacks. The cafeteria also has some healthy snacks like yogurt parfaits, V8 fusions, and smoothies. Hannah Kovar states when I asked her about them, "Yes! I like them a lot!" So next time at lunch, choose a healthy snack instead of a fatty one!



*They work hard to keep us healthy, but the choices are up to you.*



*Mr. Packard revealed! Mallory has the scoop.*

## Bad Boy

Bad boy, bad boy, whatcha gonna do when they come for you? Who is this bad boy I speak of, the one, the only, Mr. Packard! Yes, you heard correctly, because on March 11, 2010, I had a deep discussion with Mr.P, and I'm about to spill some dirt.

First, I asked about his childhood. "I had a very good childhood," states Mr. Packard. He remembers his friends especially, and is even best friends with his kinder garden pal! As the minutes passes, the conversation gradually

grew deeper as we reached his teen years, and some of the words that hovered around my ears surprised me, "[There are] lots of things I regret," sighs Packard, "I didn't treat people the nicest." You're probably wondering, just as I was, what exactly all these things were! Well, "Overall... driving to fast, [things like that]," admits the old time rebel. But to him, it's all the past.

Today, some of the activities this retired bad boy does, "... music, sports [watch and

by Mallory Moxham

play], and working on my house. That's mainly it," Mr. P told me, as he roots for KU football and the Chiefs. Toward the end of our interview, I asked him what he would take back if he had the chance and why, he brought up the decisions he made in college, "... weren't very good," he concluded. So the next time you see a KU rootin', old time rebel, bad boy, you'll know just who it is! The amazing, MR.PACKARD!

**"Her only sibling is a sister...the way she said it and the emotion in her face convinced me that she loves her sister..."**

## Haber's Happy Childhood

On the evening of Tuesday, March 9<sup>th</sup>, 2010 I sat down with Ms. Haber, the Spanish teacher, to ask her about her childhood. The interview went incredibly well because of her happy mood and she was extremely polite. Our conversation was about her childhood, which was happy according to Ms. Haber.

Once I asked her if she had any regrets about her happy childhood she thought about it for about five seconds and answered with a, "no" in a soft, yet confident voice. Her only sibling is a sister who happens to be three years older than Ms. Haber and the way she said it and the emotion on her face convinced me that she loves her sister and they get along.

Her embarrassing moment happened in elementary school when, "...I tripped and fell in the lunch room and my tray full of food flew across the floor..." which if this was you, you would be bright red

full of embarrassment, but many years later she laughs at it which means she has a good personality. Ms. Haber looks up to her parents because they're big on family and her dad never raised his voice or cussed.

The most interesting thing that happened in her childhood was, "My best friend moved in next door when I was four, and I still talk to her and

by Christina Blankenship

hang out with her every week..." which is awesome because most people don't stay best friends for that long, and that question concluded Ms. Haber's and my interview about her happy childhood. So, when you look back years from now will you say you had a happy childhood, like Ms. Haber?



*Nick Griffith is seen here enjoying a mental health break from school.*

## Nick Griffith

by A. N. Hagen

Yesterday after school I interviewed eighth grader Nick Griffith, who is on the Eagles. Nick Griffith shows excitement for his sport, football. He says, "Oh yes!" To his enjoyment for sports. It took Nick a while to answer if he liked his team mates he answered with, "it depends." His favorite player is Priest Holmes; he holds the record for most yards rushed by a second string running back! Football is his favorite sport, "because its fun and you

get to hit people!" Now back to Priest Holmes, he's the one who interested Nick into football because he was amazing. My big question was if he was planning on participating in high school sports next year. He answered with, "Yes, and I plan on playing high school football. I think the interview went well, I leaned things about football that I was questioning if it was even

# Features

## Wrapping up the School Year

by Haley Hennier

With the school year already down to the fourth quarter I got a chance to interview seventh grader Domitri Fullerton on the Thunderhawks team. I discussed with him his team, teachers, and Lakeview. I asked what Domitri might change at Lakeview and he suggested some possible staffing changes.

Since I had to do this interview on our bus last Tuesday, March 9<sup>th</sup>, it was less than private and we had to ignore

the interesting comments coming from other students, even if they were quite funny. Continuing the questionnaire I asked if anything exciting had happened to Domitri this year, he replied, "I kicked a Gatorade bottle today and it [exploded] everywhere!" I, and others on the bus, laughed at this and I went on.

Coming to my final question I asked how Domitri will feel at the end of the school year.

"Flabbergasted!" he exclaimed after a very slight hesitation. His face turned red and eyes bulged out creating quite a scene. It was a curious response but it ended our interview on a high note and I think many people may agree with Domitri on this. Our school year has been great with maybe some slight drama (take the Gatorade bottle for instance, pretty intense), and I believe we will all be "Flabbergasted!" when it ends.



Did someone say, "Flabbergasted"?

## Mr. Brett Robert Bowers

by Jesse Gordon

Today on March 9, 2010 I interviewed my best friend Brett. The first thing I told him was Hey; I am from Miss Panther's class there to interview you. The first thing I asked while we were laughing is if he liked school. Brett said "No." The next thing I asked was what your favorite thing about school is. Mr. Brett said, "The girls." He was still laughing, about me interviewing him. Then I asked what his favorite subject is? Brett looked confused but he said, "Gym." I then asked, how often does he do his homework? I already knew this answer but I wanted to see what he would say. Brett said, "Sometime I do and sometimes I don't." While he was saying this he was smiling. Then the last question I asked was when you're with your friends what do you like to do and why? Mr. Bowers said, "We like to party because it is awesome." Brett was exciting to interview, and I look forward to getting to know him even more.

### Leaving Lakeview by Sara Parolin

When I interviewed Madi and Connor yesterday, I found out they were super excited for high school. Continuing the conversation, I asked them if they were ready to leave Lakeview. They replied, "Heck yes. I've been here for two years, it's been long enough." Connor and Madi both expect their freshman year to be cool and exciting. Surprisingly, Madi and Connor thought that the only part they would miss about Lakeview is walking to Taco Bell after school. But of course, they came up with a whole list of items they won't miss leaving behind them. Their list included rules, workout logs, and the "controlled atmosphere." I ended this interview by asking, "If you had all the resources in the world, how would you change Lakeview?" Connor said that he would make fewer rules and add a free period. Madi said that she would add more freedom in the lunchroom, and let us sit wherever we want. Although these students won't desperately miss Lakeview, Lakeview will sure miss them.



Did you hear about Madi and Connor? Read "Leaving Lakeview" to hear more!

## Getting to Know Sebastian

by Sarah Nelson

I interviewed Lakeview Middle School 7<sup>th</sup> grader, Sebastian Armendariz on March 10<sup>th</sup> at Lakeview. I started off by asking, "Were you scared coming to Lakeview?" He replied laughing, "No." When I asked him what he thought of the 8<sup>th</sup> graders he started looking around and uneasily said, "They're okay, I guess." I continued asking if he was

looking forward to 8<sup>th</sup> grade year. He told me, "Yes, because I will be the big dog and top of the food chain."

I asked Sebastian, "Have you ever had a bad encounter with an 8<sup>th</sup> grader... Explain." He told me, "No 8<sup>th</sup> graders, but yes [about other encounters], I was just defending myself." Sebastian then told me, "I got into a fight on the

bus. Someone kicked me and I got mad." I asked him, "What were you feeling?" He quickly answered, "Anger!" while laughing. The last question I asked Sebastian was, "How did that fight affect you now?" He had to think about it but then said, "Don't endanger people's lives on a highway..." Well said, Sebastian.



Other seventh graders agree with Sebastian, "It wasn't that scary coming to Lakeview."

# Citizenship Cards

by Katie Fischer

Cit cards as they're known are supposed to provide incentives and teach kids to be prepared for school. I personally think that these cards are not the brightest idea. I mean it's just a mark on a piece of paper. I don't about you, but that doesn't threaten me! I think they aren't effective at all and so does this student I interviewed that said, "There is no point in cit cards. For my friends and me, it has turned into a competition to see who can get the most cit marks." That is yet another reason; some students do not take them seriously and could care less if they have a purple or silver card. Emily Walker quoted, "We need more incentives."

It takes more time for a teacher to get their pen, open the person's planner and sign the card. For the teachers that don't know the Phoenix 8 absolutes, they look around the room for the paper with

the rules copied on them. On top of that, they stand there and explain why you got the mark you did. (Phoenix 8 absolutes are a list of eight rules our team follows, if you don't choose to follow them you get a cit mark.) In all that time they took to do those steps they could have just said hey we need to act appropriate and participate.

To me, it makes me feel like we are treated like little kids. For goodness sakes we are in seventh and eighth grade, and I feel like that is something for sixth grade or below. I interviewed one of my team Phoenix teachers, Mr. Stanley. What he had to say changed my look on things. He said, "For the student with 4 marks for being disrespectful and the student with 6 marks for not being organized, they obviously aren't prepared and need some

**"...I mean, it's just a mark on a piece of paper. I don't know about you, but that doesn't threaten me!..."**

## Cit Cards

by Emma Coats

I neither like nor dislike the use of cit cards in our school. The cit cards are used for disciplining the students for disrupting class, not following directions, disrespecting the teacher, throwing things, ect. A student at Lakeview said this about the cit cards, "What's to like about them?" They are mostly used to be signed for not having your supplies in class. But if you get to many marks, you become a silver card or no card, which no one likes. I asked a student what she dislikes about them the most, and she said, "All you really get out of them is this trip at the end of the year to worlds of fun." I think the teachers think they are helpful, mostly just because it's another way to discipline the students. And because the school requires it. I wasn't sure so I asked Miss Panther and she stated that they are "Fabulous way to hold students accountable, and to help the teachers communicate so they know what the student has had problems with beforehand."

## Is Your Privacy Being Violated?

by Kyle Vanice

Locker searches are helpful, but are they always necessary? "They are helpful, but sometimes teachers can abuse their power," says 7<sup>th</sup> grader, Hope Mayo. Yet the searches are helpful to our school, they cannot be random. The reason for the locker search needs to be valid and supported. Your privacy maybe being violated, because you actually don't have to be present for the locker search. "The

locker search cannot be random" says Phoenix teacher Mrs. Bono. "For us to search it has to be reported that you had something that could endanger other students" says Mr. Teeter. There is no problem with locker searches here at Lakeview, they keep us safe. "You should be cool with it unless there is something to be found", says student Hayley Werth.



*If you're doing what you're supposed to, cit cards shouldn't scare you!*

## Got Obama? We Do

by Quintin Leivee

Should Obama lead the United States? No he should not. As Josh Morris put it "[Obama] has not made wise decisions, especially with the bad economy." Although he does want all of America to have health care, where does he get the money for this? Yes, that's right, hard working Americans. Why should we have to pay for healthcare for not just ourselves but also someone else? One thing that Kati Fisher said was, "he is unfit to lead the country." But as Bryan Elliot put it, "He knows what he is doing." But when Mrs. Sumpter heard this her only response was, "[Obama has taken] on more issues then he can appropriately deal with." Now personally, I feel that last November was the biggest mistake possible.



## Editorials

### PDA in the Lynx Lair

As anyone at Lakeview would know, the PDA rule at Lakeview is ridiculous. I don't think that the adults realize that we are not four years old.. I have many friends that are girls, and I'm not even allowed to give them a hug. When I asked Austin Miller how he felt about the PDA rule he said, "I feel that the school takes it too far, there is a point to cut it off, but they need to take into consideration that we are older than they treat us." I can agree with Austin, I believe we are mature enough to have a

significant other and say good-bye to them. Obviously teachers will have different perspectives on this subject than students. I thought it would only be fair to interview an adult, I chose Mr. Teeter. He had a lot to say about this subject. When I asked he said, "I would prefer there be no hugs and really no one wants to see kissing. The rule is in place because it's the wrong place at the wrong time. Not only is it inappropriate timing but also a safety issue. We also don't want germs to be passed,

by Doc L.G.

plus it would look chaotic if everyone was hugging in the school all at once." In reality this stuff just doesn't happen. Not everyone in the school hugs all at once, I was hoping to get a better excuse than that. Also, germs can be passed my merely rubbing against someone in the hallway, which happens all the time. I don't think hugs are going to change the amount of germs transmitted at school. But that's just my opinion, you can think of it however you want.



Say no to hugs?

### Help For Haiti

Two months ago, a massive 7.0 earthquake shook Haiti from its roots, killing an estimated 100,000 people, which is about a third of Haiti's population. The aftershocks caused just as much despair, at magnitudes of 5.9 and 5.5. The small country was already in a state in poverty, and this huge shake has left thousands completely resourceless and absolutely alone. Although many Americans mourn the loss of their fellow humans, a question is surfacing: should the United States assist Haiti?

There are many mixed opinions on this matter. I sat down with three people who either teach or attend Lakeview Middle School. From what they told me, they were all aware of the tragedy, but knew no one personally who was assisting inside the country at the time. Bryan Elliot and Ryan Thurston, both seventh graders on the Phoenix team, share the same opinion.

by Renee Kastens

They believe that since the U.S. is in dept by trillions of dollars, we shouldn't be stretching ourselves any farther and throwing us even deeper into the hole that is debt, and, as Ryan claims, "it's just trying to make us look good. The U.S. is all about reputation."

However, on the other end of the spectrum, sits Ms. Panther, Lakeview's speech and publications instructor. Ms. Panther has been quoted as saying, "I believe humans should always help each other; it's part of being a world citizen." Apparently, our government agrees. At the moment, we have hundreds of troops stationed in Haiti providing resources and medical attention for those who are in desperate need of it. But is it still worth it if the United States is catapulted deeper into dept? Well, my friends, that is for you, as an individual, to decide.

### Should American Help Haiti

Haiti is in dire need of help, of money, time, effort, and they need help rebuilding their buildings, homes, schools, and they need some love. They have had one of the worst natural disasters the world has ever seen. Some Americans want to stop helping Haiti because they say we are in debt, CNN says of 1:33pm on March third 2010 we are in debt, "12.5 trillion dollars." Think about it, what

is going to happen because we are in debt? Nothing, there is absolutely nothing the rest of the world can do to punish us, without hurting themselves; economy-watch.com stated "USA has the world's largest economy." Cooper Saunders said, "[The Haitians'] wouldn't help the U.S. if we were in need of help." The truth is, that they couldn't help us no matter how much they wanted to,

by Bradley Wright

it's not within their power to help us with anything while they are rebuilding. They will never be able to help us with money, but the Haitians have some of the best spirits on the planet and would give all they could. Imagine this, half of the American population injured, and the other half with emotional wounds, who would come to help?

**"The truth is, [Haiti] couldn't help us no matter how much they wanted to, it's not within their power..."**

## H1N1 Third Wave

by Keller Anderson

Swine flu or H1N1 first made its big appearance in the United States in April of 2009. It originated in Mexico but then spread through tourists and immigrants up to the United States. H1N1 is a virus that can basically shut down your body. Since the first case of H1N1 in the United States more than 4,000 have died from it another 40,000 have been hospitalized and then on top of that nearly 1,000,000 Americans have contracted the swine flu. Some of the symptoms are fever, cough, sore throats, body aches, chills and fatigue. Some victims have even reported diarrhea and vomiting. The mother of a deceased victim said "[the victim] she didn't exhibit any of the symptoms until the day she died."

The United States has seen 2 major waves of H1N1



but some experts say that there will be a third that could bring the death count up even further. Then again some doctors such as Dr. Richard Schabas Ontario's former chief of medicine says "there will be no third wave. If there was to be one it would have hit us by now."

There is a vaccine for the H1N1 virus but it can be very hazardous. People have reported symptoms worse than those of the actual swine flu after receiving this vaccine. It is rather risky and many doctors are suggesting to their patients that they do not receive it for their own health. Those most at risk are children aged from newborn to 6 years and the elderly. I personally do not believe that there will be a strong third wave but the

## Music Mania

by Jade Macken

Recently, I did a survey of many Lakeview 8<sup>th</sup> graders on their favorite styles of music. Some popular genres from the survey were rap, 80's, and screamo. But coming out on top, where hard rock, pop, and alternative. "I think that given the technology that's out there, we should use it to search out more groups to fit our [music] style. A good place to start is local bands," says Miss Panther, Lakeview teacher. If you'd like to seek out more groups to fit your musical style, then this article is a good place to start.

**HARD ROCK** With a hard tempo and loud sound, most hard rock is not for wimps. "I like [hard rock] because it gets me pumped..." says student Wills Van Doorn. Maybe that's why this style has stuck around for so long, it pumps people up. Some recently popular hard rock bands you might want to check out are, Breaking Benjamin, Shinedown, Five Finger Death Punch, Flyleaf, and Linkin Park.

**POP** A very popular, radio sta-

tion played variety of music called pop has been springing up on hit lists everywhere. With a more dance/hip hop feel, pop is not for everyone. "It's too up beat and makes me wanna punch someone," peer Chelsea Barnicle states. But if you like well known mainstream pop, these artists may be for you: Lady Gaga, Black Eyed Peas, Ke\$ha, New Boyz, and Jason Mraz.

**ALTERNATIVE** Last but definitely not least is alternative. Being derived mainly from rock, alternative can have—surprisingly—many different feels. From acoustic to indie-electric, alternative is for variety lovers. Here are some unique alternative bands to fill your iPod with; Cage the Elephant, Owl City, Phoenix, Paramore, and Red Hot Chili Peppers.

In the modern world, there are countless types of music. From gospel to metal, we all have different tastes. I hope this article gave you a small and helpful outlook into the enormous world of music.

## Horoscopes

by A.

Eller

These horoscopes are for entertainment purposes only. I actually have no psychic ability what-so-ever. Please enjoy the following. Josh Hall, Legend, says, "[The horoscopes] are completely made up and are not true."

**Aries** (March 21- April 19) Don't get cocky; put other's needs before yours. You will have a productive week.

**Taurus** (April 20- May 20) Don't take risks, you're on a roll. You will have a pleasant week.

**Gemini** (May 21- June 20) Stay positive, luck will soon come your way. You will have a decent week.

**Cancer** (June 21- July 22) Lighten up; you're bringing people down around you. You will have a bad week.

**Leo** (July 23- August 22) Keep up the good work! You're brightening people's moods around you! You will have a fabulous week.

**Virgo** (August 23- September 22) Put yourself out there. Let them know you care. You will have a boring week.

**Libra** (September 23- October 22) Stay away from drama, just go with the flow. You will have an uncomplicated week.

**Scorpio** (October 23- November 21) You will rise to the top this week. Keep working at it.

**Sagittarius** (November 22- December 21) Do a random act of kindness; it will work in your favor. You will have a very productive week.

**Capricorn** (December 22- January 19) A long time admirer thinks highly of you. You will have a pleasant week.

**Aquarius** (January 20- February 18) March to your own beat, don't let people stop you. You will have a fun week.

**Pisces** (February 19- March 20) Chase your dream, never give up. You will feel accomplished this week.

## The Return of the Impossible

by J.A.P.

**Entertainment**

The stars swirled around him as he stood on the oversized rock.  
The far distant red planet now seemed only to mock.  
Hope seemed to be fading quickly as he pondered what to do.  
He was speeding far from his home, the planet of green and blue.

Just a day ago, his life had seemed secure;  
Now hard work and imagination were his only cures.  
He had set out to explore Phobos, one of Mars' moons,  
But a group of aliens had attacked him like rabid loons.

The ship had performed well; he had escaped,  
But in avoiding the offenders, his vehicle had been scraped.  
An asteroid was the culprit, for the ship had wandered far,  
And the contact sent him spiraling; he hit this rock with a jar.

He hit the asteroid head on; the engine was destroyed,  
And there would be no rescue, from this ship, no pleas could be deployed.  
The man was on his own, for no one would dare to follow,  
And he only had a month, and then, the ship would be hollow.

The collision had knocked the asteroid out of its place,

And the momentum would push it into deep space,  
So if he did not do something almost beyond belief,  
His remains would speed out of the system without relief.

But as his mother always told him, "Hope, you can never lose."  
And the plethora of materials available was a bit of good news.  
So he went back to the shuttle and sat down in a chair.  
"Let's get to work," he muttered, running his hands through his hair.

He worked around the clock, only pausing to eat,  
As he struggled to achieve the unbelievable feat.  
His spectacular tools and skilled hands and mind,  
Separated the useful and prepared it to bind.

He could not build a ship to return,  
Since there wasn't much air and no fuel left to burn.  
With no other option and the swiftly passing time,  
He went for it all, creating a teleporter powered by lime.

The days flew by, and were filled with success,  
But he did not pause to take a recess.

Then, before he knew it, the days numbered three,  
And after that, either way, he would be free.

With hours to go, he completed the task,  
And celebrated with a sip of lemon from a metal flask.  
He longed to sleep, but he needed to go,  
So he hit the button and the machine began to glow.

It started off nicely, but that didn't last,  
As the machine suddenly combusted, and flames raced towards him fast.  
He swiftly shut it off, and the flames receded,  
And realizing his failure, on his forehead, sweat beaded.

But it was not over, for the fire wasn't the only thing there,  
As he noticed a black circle, that roared like a bear.  
He stood there in shock, as he stared at the thing colored like coal,  
And when things headed towards it, he realized it was a black hole.

The walls bent in, and he decided to try,  
He jumped toward the spot, and began to fly.  
"Goodbye," he thought, "or maybe it's hello,"  
And he entered the hole, feeling happy, not mellow.

## Stand

by KC

I've seen the teen suicides on the news  
And as I look around, I see scars to match  
I go out of my way to make sure she's okay.  
She says she feels a bit blue  
But I know it's much more than that  
My friends ask me, "Why do you hang out with that emo kid?"  
I tell them that I'm being a friend to the friendless  
Like a voice to the voiceless.  
You never know,  
I could be saving the life of a stranger with a simple act of kindness.  
Now I come to find out that she's just a lonely girl in a crowded world  
She's fallen victim to emotional despair.  
To her things aren't the way they used to be.  
There's fighting family, broken relationships  
And they're being fused together with life's hardships.  
All she wants is to disappear into thin air.  
But what she needs is a friend  
I tell her there are people out there and I know they care.  
But I see her time running out because she's starting to doubt.  
Could you be a hero before her time reaches zero.  
Today she's against the crowd, gun in hand.  
An act of kindness can be a stone which to stand.

Teen suicides don't show up every day on the news but that doesn't mean it won't happen and even if it does, it won't affect you. The rate for teen suicides per year is about 1 for every 100 teens. That's not a lot but it still matters. Last year, we heard the tragic story of Ryan Halligan's death. Ryan was bullied and harassed and just needed a friend. Unfortunately, he committed suicide by hanging himself before ever finding that friend. No one wants to hear about a depressing suicide. But after hearing of Ryan's life and of the things he went through, thousands of teens across the nation have made organizations against bullying and harassment and even groups entitled, "I would be Ryan Halligan's friend."

But even though anti-bullying programs have been established, some teens fall victim to another kind of torment. It's called exclusion and isolation. You can probably walk into a random lunchroom and within half an hour or watching, you could point out the cliques and social groups. In every school there's at least one loner. There's that one person eating alone in the cafeteria. And even if they aren't alone then they might have one or two friends, but not many. They might be going through the same kinds of things together and that's the only reason they sit together. Sometimes there are teens that have a lot of friends but none of them care enough to go out of their way to make sure someone is feeling okay.

That's where the poem comes in. You may not know the person very well, at all but if you showed a random act of compassion and kindness, you could be making a huge difference in someone's life. This poem isn't to provoke awareness of teen suicide. This poem is REAL. It may be the story of the person sitting beside you. How would you know?

But there is something about this poem I can tell you for certain. I've had days like that and I'm completely willing to admit that. I've been that kid just trying to make it through the day. I know what it's like to feel worthless and left out and think that life is completely meaningless. I know what it's like to think that the only way out of despair is to take my life. I even wrote my own suicide note.

But while all of that was flashing through my mind an eighth grade girl named Rachel happened to walk past me at school. She saw that I had something to hide. Just a simple hello and how are you began to turn my life around. I saw her later at my church and we became friends. Through that small friendship my life has turned around. All those thoughts of cutting and selflessness are gone for good because an eighth grade girl cared enough about the feelings of a stranger. Everything a person does will have an effect on the world. One random act of kindness might be a small step outside of your comfort zone but it could change the life of the person you are interacting with. Think about it.

## Shutter Island

by Bryan Elliott

Shutter Island can be described in a few words: Haunting, compelling, dark, and smart (just to name a few). Shutter Island is an amazing movie about a US Marshall named Teddy Daniels who is sent to a small island for the criminally insane (Shutter Island) to investigate the disappearance of a woman prisoner named Rachel Soladno, a patient who drowned her kids. The tone set by the way this movie was filmed made it into a tense, edge of your seat experience, but when you combine that with tons of insane prisoners who only want to kill you, and you get the roller coaster ride also known as Shutter Island. The only flaw I saw in the movie was that it was a bit hard to follow at times, but then it got back on track. My favorite thing about this movie was the twist. This movie keeps you guessing around every corner, and just when you think you know exactly what's going on, the plot changes almost instantly. Richard Roeper declares, "Intense ... and unforgettable!" USA Today says, "Gripping." Other people think the opposite of the movie, saying it only has, "Corny, B-Movie material." I believe this was an amazing thriller that deserves praise. Directed by Martin Scorsese, starring Leonardo DiCaprio, 139 minutes, rated R, 3 1/2 stars.

### Such a Pretty Girl by Gabby Kessler

Such A Pretty Girl by Laura Wiess is suspenseful and eye-opening. "[A] gusty and effective thriller," says Kirkus Reviews. It is the story of a girl, Meredith Shale, who was molested at a young age by her own father. He was sentenced to nine years, but he's out after only three. Now the monster is coming back and Meredith is left defenseless – her own mother refusing to acknowledge the horrific incident as anything but a mistake. This book is full of twists and turns from Meredith's blind mother to her protector Nigel to the devout Ms. Mues and her son Andy – these are characters you will remember. I fully recommend this novel for Laura's riveting prose and precise language. "... This gut-wrenching story will stay with you long after you finish the last page," says Lisa Tucker, best-selling author of The Song

## A Young Artist

by SeeJee

Courtney Jackson is a seventh grade Phoenix student. In her life, she balances school, softball, dance, and many more activities. Whenever she has time to do anything extra, she pulls out her canvas, pencils, and paints and lets her creativity flow. When creating her artwork, she chooses a natural or strange object and makes it something new and modern. One of her favorite pieces that she has done is called Rolling Black and White.

Rolling Black and White was inspired by Courtney's fear of snakes. "To me," Courtney says, "fear is represented by the darkness in the world." To tie the two together, she used twisting patterns of black to cover the page. To make her work unique, she gives a reason for why she does an object as the subject. "I've always wanted the world to know that I have a huge fear of snakes but didn't want to outright scream that I hate snakes. Doing snakes as a subject in my art makes me appreciate them a small bit more."

When Courtney came up with the idea for Rolling Black and White, she tried to think of an easy motion to draw the piece with. When she finally chose an idea, she decided to do small arcs connecting with each other to form chains. "Whenever I have seen snakes, they were always curled up into a spiral. I took that spiral and stretched it out," says Courtney. The spirals wrapped around the page to create a unique work of art. "The pattern fit my purpose for the drawing," she states.

The medium used to create Rolling Black and White was ink on parchment. The entire drawing is just about nine by nine inches. "Believe it or not, but I did the entire drawing sitting on top of the island in the kitchen," Courtney states. Courtney did the piece near the end of 2008. On her Grandfather's birthday, she gave him the drawing. It is currently hanging in his office at his work.

"I think that everyone is an artist, they just express their feelings in different ways," says Courtney. "You may be terrible at drawing, but it's not about how the drawing looks, it's about what it means to you." In the future, Courtney hopes to be able to support herself as an artist. "If I can't reach that goal, I will want to teach others what I have learned about art," she says.



### Carrie Jones Back for More by M.J. Webster

"A magical place where everything is hidden..." From the New York Times Bestseller, Carrie Jones, is back with her newest series that leaves us begging for more, Need. Need is a novel about a girl, Zara White, who just lost her stepdad. He raised her as if he was her real father. After his tragic death that Zara had to witness, she was hurt. Moping around all day made her mother worry, so she sent her away to stay with her grandmother in a small, secretive town in Maine. "This book is so good and I can't wait until the next in the series comes out," says seventh grader, Makinlin Webster. Only two books are in the series for now but Carrie Jones strides for more. With her first book, of course, Need and her second book Captive, but each book leaves you dying to know what happens next. Zara White is quite a character but has some major issues when she finds out her family secret and why this quiet little town she now calls home is so dangerous. From romance, to action, to hidden talents this book definitely gets

### Bo Ling's Restaurant by Hannah Kovar

Last week, after my volleyball tournament, I was able to have dinner at Bo Lings. The beautiful architecture and cherry blossom aroma made it a great place to relax. Last time I was there, I ordered the dumplings. The succulent dish was steamy and delicious like always. Helen's said her experience there was, "good" and she thinks Bo Ling's food is, "yummy!"

The restaurants that are close to Lakeview are, Lenexa, the Plaza, Zona Rosa, and Overland Park. Other delicious dishes served there are: dim sum, lettuce wraps, which are my personal favorite, and egg drop soup. Their pricing on all there food can be a little pricey for the amount of food they serve you, but Sarah Carney says, "It's all worth it!"